

Cedar County

Mobile Crisis Response Team

1-844-430-0375

Mobile Crisis Outreach is a free, confidential service available to residents of Cedar County who would benefit from on-site, in-person counseling. This service is provided by **Foundations2** Professional Counselors who are trained to respond to a wide array of mental, emotional and behavioral crisis. Counselors are usually on scene within an hour to 60-90 minutes (depending on travel time from Cedar Rapids).

A team of two Counselors will travel to the client's location including: private residences, police stations or even meeting someone in a park or other safe place. Citizens will not be billed for services and Counselors can stay on scene with individuals/families from 30 minutes to a couple of hours if needed.

If during the course of an assessment it's decided that the individual in crisis needs to go to the hospital, Foundation2 counselors will provide transportation to the nearest hospital.

Eligibility for Mobile Crisis Outreach services includes the following:

- The individual must be located in Cedar County
- Someone on scene must be willing to speak with our counselors, Counselors don't go where they are not asked
- No active violence can be occurring

Anyone can call and request mobile crisis outreach on someone else's behalf (**including first responders**), as long as the above requirements are met.

Common Situations where Mobile Crisis Outreach is called:

- Suicidal ideation – Foundation2 has a long history of providing suicide risk assessments and working with suicidal individuals to avoid the emergency room and unnecessary psychiatric committals
- Spousal mediation
- Parent/child mediation
- Counseling for someone with depression or anxiety
- Counseling to support individuals struggling with mental illness

Mobile Crisis Services can be accessed by calling the Eastern Iowa Mental Health/Disability Region Crisis Line.

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Funded by Eastern Iowa MH/DS Region